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TROPAR OF SUNDAY IN TONE-2.

When You descended to death, O Life Immortal, You destroyed hades with the lightning of Your Divinity. And when from the depths You raised the dead, all the Powers of Heaven cried out: O Giver of Life, Christ our God, glory to You.

TROPAR OF THE TEMPLE (ST. ELIA) IN TONE-4.

An angel incarnate, the foundation of prophets and second forerunner of the coming of Christ, glorious Elias sent grace from on high to Elisha to cast out sickness and cleanse lepers. Therefore he pours forth healing for all who honour him.

TROPAR OF THE SAINT IN TONE-4.

The rule of faith, a model of meekness and teacher of piety, revealed you to your flock. You acquired exalted things through humility and riches through poverty. Pray to Christ God, O father Metrophanes, that our souls be saved.

KONDAK OF SUNDAY IN TONE-2.

You arose from the tomb Almighty Saviour, and Hades was terrified on beholding the wonder, and the dead arose and creation seeing this, rejoices with You, and Adam is joyful, and the world, O my Saviour, praises You forever.

KONDAK OF TEMPLE (ST. ELIA) IN TONE-2.

O greatly renowned Prophet Elias, who foresaw the great deeds of our God; you stopped the rains of heaven by your command. Intercede for us with the only Lover of mankind.

GLORY to the Father and the Son and the Holy Spirit.

KONDAK OF THE SAINT IN TONE-4.

You proved yourself to be a precious vessel from childhood, and did become a chosen hierarch of God, and you did cry out with gladness to Him, "You are equal O Christ to the Father and the Spirit."

NOW AND FOREVER and to the ages of ages, Amen.

THEOTOKION IN TONE-6.

O Protection of Christians that cannot be put to shame, unchanging mediation unto the Creator, do not despise the suppliant voices of sinners, but be quick to come to our aid, O Good One, who in faith cry out to You: hasten to intercession and come quickly to make supplication, for You, O Theotokos, always protect those who honour You.

COMMUNION VERSE:

"Praise the Lord from the heavens, praise Him in the highest. Alleluia."

MATINS:	Mark. 3.	Reading	71.	Mk.	16 :	9 - 20.
EPISTLE:	Romans.	Reading	88.	Rm.	5:	1 - 10.
GOSPEL:	Matthew.	Reading	18.	Mt.	6:	22 - 33.

PRIEST: "Let us be attentive – Peace be unto all."

CHOIR : " And to your spirit."

PRIEST: "Wisdom."

READER: "PROKIMEN IN TONE – 2. The Lord is my strength and my song, and

He has become my salvation."

CHOIR: "The Lord is my strength and my song, and He has become my

salvation."

READER: "With chastisement the Lord has chastened me, but He has not

given me over to death."

CHOIR: "The Lord is my strength and my song, and He has become my

salvation."

READER: "The Lord is my strength and my song."

CHOIR: "And He has become my salvation."

THE EPISTLE

PRIEST: "Wisdom."

READER: "ALLELUIA IN TONE - 2. Alleluia."

CHOIR : " Alleluia, Alleluia, Alleluia."

READER: "May the Lord hear you in the day of affliction, may the Name of the

God of Jacob defend you. Alleluia."

CHOIR: "Alleluia, Alleluia, Alleluia."

READER: "Lord, save the king and hearken unto us on the day we call upon

You. Alleluia."

CHOIR : "Alleluia, Alleluia, Alleluia."